



MR. MUNIR ALAM

MBBS (KE), FRCS (Ire), FRCS (Ed), FCPS (Plastic Surgery)
BOARD CERTIFIED COSMETIC SURGEON

ACHIEVEMENTS IN COSMETIC SURGERY

NOMINATED FOR 2022

NAME IN SCIENCE AWARD

&

QUEEN VICTORIA AWARD



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Dated: 16/04/2021

PERSONAL DETAILS

NAME: Dr. Munir Alam
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D.O.B: 31/03/1967
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COSMETIC SURGERY

IBCS (European / International Board of Cosmetic Surgery) 2009

Founder: Pakistan Academy of Cosmetic Surgery (www.cosmeticsurgery.net.pk) 2014

Gold Medal: Achievements in Cosmetic Surgery, PACS Conference 2018

World Best presenter: 55th IACS Cosmetic World Congress, Buenos Aires, Argentina 2016

COSMETIC SURGERY SCIENTIFIC PUBLICATIONS (Within Last 5 Yrs)

Title: Resistant facial hirsutism in females

Journal: Pakistan Journal of Plastic Surgery Vol 4, No 3, March 2017

Authors: Munir Alam, Nasir Mahmood

Title: Chemical Peels: What to treat and expect?

Journal: American "Journal of Dermatology and Plastic Surgery"

Dermatol Plast Surg. July 2017; Vol 2, Issue 2: 1013. ISSN: 2475-5753

Author: Munir Alam

Co Authors: M Javaid Iqbal, Rashida Akhtar

Title: Role of Liposelection in the treatment of Gynaecomastia and new clinical classification

Journal: Pakistan Journal of Plastic Surgery
Vol 4, Issue 1, 2016.

Author: Dr Munir Alam

Title: Skin Shrinkage in Gynaecomastia with VASER Liposelection

Journal: Pakistan Journal of Plastic Surgery
Vol 4, Issue 3, 2016.

Author: Dr Munir Alam, Prof Muhammad Anwar

Title: Abdominal VASER liposelection: avoiding abdominoplasty
Journal: American "Biomedical journal of scientific and technical research"
Vol 6, Issue 1, June 2018

Author: Munir Alam

Title: Correction of Inverted Breast Nipple by Using Serdev Suture

Journal: American Journal of "Clinics in Surgery" Sep 2019, Vol 4, Article 2590.

Author: Dr Munir Alam

Title: Minimally Invasive Advance Beautification Rhinoplasty

Journal: Indian "International Journal of Innovative Research in Medical Science"
(IJIRMS), Dec 2019, Vol 4, Issue 12.

Author: Dr Munir Alam

Title: Chemical Peel and Its Implications

Journal: Indian "International Journal of Innovative Research in Medical Science"
(IJIRMS), Dec 2019, Vol 4, Issue 12.

Author: Dr Munir Alam

Title: Skin Shrinkage with Vibration Amplification of Sound Energy at Resonance
(VASER) Liposelection: Avoiding Abdominoplasty

Journal: "International Journal Of Medical Science and Innovative Research" (IJMSIR), Feb
2020, Vol 5, Issue 1, Page No. : 257 – 263.

Author: Dr Munir Alam

Title: Facial wrinkles and its treatment

Journal: “International Journal Of Medical Science and Innovative Research” (IJMSIR), Feb 2020, Vol 5, Issue 1, Page No: 257 – 263.

Author: Dr Munir Alam

Title: Minimal Invasive Scarless Advance Cosmetic Surgery of Lower Face and Neck Lifting

Journal: “International Journal Of Medical Science and Innovative Research” (IJMSIR), Feb 2020, Vol 5, Issue 1, Page No. : 296 – 303.

Author: Dr Munir Alam

Title: Frequency of types of patients in a Plastic and Cosmetic surgery private practice

Journal: “International Journal Of Medical Science and Innovative Research” (IJMSIR), Dec 2020, Vol 5, Issue 6, Page No. : 153 – 158.

Author: Dr Munir Alam and Dr Muhammad Shakeel Anjum

COSMETIC SURGERY SCIENTIFIC PRESENTATIONS

(National and International Level)

1. **“Frequency of Body Dysmorphic Disorder (BDD) patients presenting for Cosmetic Surgery Procedure”** presented in the International Conference of Cosmetic Surgery online Webinar Cosmetic Surgery 24th Aug 2020, organised by PULSUS GROUP, Chicago, USA.
2. **"Closed Nasal Tip Rhinoplasty"** presented at 29th Annual Pakistan Society of Otolaryngology (ENT) Conference, Serena Hotel Quetta, Pakistan. 1-3 Nov 2019.
3. **“Correction of Inverted Breast Nipples using Serdev Suture Method”** presented at Annual Conference Pakistan Association of Plastic Surgeon (PAPS), Agha Khan University Hospital, Karachi, Pakistan, 22 – 23rd Feb 2019.
4. **Chemical Peel and its implications** presented at Annual conference of Pakistan Association of Dermatologist, Karachi, Pakistan, 7 - 9th Dec 2018.
5. **Facial wrinkles and its treatment** presented at Annual conference of Pakistan Association of Dermatologist, Karachi, Pakistan, 7 - 9th Dec 2018.
6. **"Cosmetic Surgery"** presented at *Symposium on Cosmetic Surgery*, Faisal Hospital, Faisalabad, Pakistan. April 2018. (<http://www.cosmeticsurgery.net.pk/popup.php>)
7. **"Minimally Invasive Scarless Advance Cosmetic Surgery of Lower Face and Neck Lifting"** presented at Annual Pakistan Association of Plastic Surgeon (PAPS) Conference, Falette's Hotel, Lahore, Pakistan, 22 – 25th Feb 2018.
8. **“Role of VASER Liposelection in the treatment of Gynaecomastia And New Clinical Classification”** presented at 20th Annual IMCAS World Congress in Paris, France, 01 – 03 Feb 2018.
9. **“Minimally Invasive Advance Beautification Rhinoplasty”** presented at Annual Pakistan Association of Plastic Surgeon (PAPS), Serena Hotel, Faisalabad, Pakistan. Feb 2017.
10. **“Personal experience of combined technique with VASER Liposelection and Serdev Suture for lower face and neck Lift in Elderly”** presented in 55th IACS Cosmetic World Congress, Buones Aires, Argentina. 28th Oct – 2nd Nov 2016

11. **“Role of VASER Liposelection in the treatment of Gynaecomastia And New Clinical Classification”** presented at Annual Pakistan Association of Plastic Surgeon (PAPS), PC Hotel, Peshawar, Pakistan, 24 – 27th March 2016.
12. **“The role of photoepilation (LASER & IPL) in the treatment of female facial hirsutism”** presented at 34th annual conference of Pakistan Association of Dermatologist, Islamabad, Pakistan, 13 - 15th Nov 2015.
13. **“Correction of Prominent Ears with combined technique of Mustarde’s suture and anteriorly based fascial flap”** at HMG Dermatology and Plastic Surgery Workshop, 22-23 June 2011 in Arrayan Hospital, Riyadh, Kingdom of Saudi Arabia.
14. **“Personal Experience of Combined technique with VASER Liposelection and Serdev Suture Lifting technique for neck and lower face in Elderly”** at HMG Dermatology and Plastic Surgery Workshop, 22-23 June 2011 in Arrayan Hospital, Riyadh, Kingdom of Saudi Arabia.
15. **“Correction of Inverted Breast Nipples using Serdev Suture Method”** at HMG Dermatology and Plastic Surgery Workshop, 22-23 June 2011 in Arrayan Hospital, Riyadh, Kingdom of Saudi Arabia.
16. *During my clinical experience, I had the opportunity to make almost over 100 Cosmetic Surgery scientific presentations in Grand Rounds, Seminars, Audit, CPC in the tertiary care teaching hospitals.*

INNOVATION / IDEAS

Chemical Peel Invention with the name of PAKPEEL licensed from federal drug administration authority of Pakistan

Manufacturer and Distributor: Dermasciences Pharmaceutical company, Lahore, Pakistan.

Gynecomastia Classification presented in IMCAS, Paris, France. **Published** in Pakistan Journal of Plastic Surgery Vol 4, Issue 1, 2016.

Storage of Botox

- **Published:** ResearchGate dated May 2019 DOI: [10.13140/RG.2.2.36632.03841](https://doi.org/10.13140/RG.2.2.36632.03841)

RESEARCH GATE



Good job, Munir!

Your article reached 1,500 reads
Achieved on March 5, 2021

[Article: Chemical Peel and its implications](#)

RESEARCH GATE



Great work, Munir!

Your research items reached 4,000 reads
Achieved on March 20, 2021

RESEARCH GATE



Great work, Munir!

Your article reached 300 reads
Achieved on March 24, 2021

[Article: Correction of Inverted Breast Nipple by Using Serdev Suture](#)

RESEARCH GATE



Way to go, Munir!

Your research items reached 3,000 reads
Achieved on January 26, 2021

RESEARCH GATE



Nice work, Munir!

Your research items reached 3,500 reads
Achieved on February 23, 2021

RESEARCH GATE



Congratulations, Munir!

Your technical report reached 1,000 reads
Achieved on February 9, 2021

[Technical report: Storage of BOTOX®](#)

RESEARCH GATE



Congrats, Munir!

Your article reached 50 reads
Achieved on April 30, 2020

[Article: Minimally Invasive Advance Beautification Rhinoplasty](#)

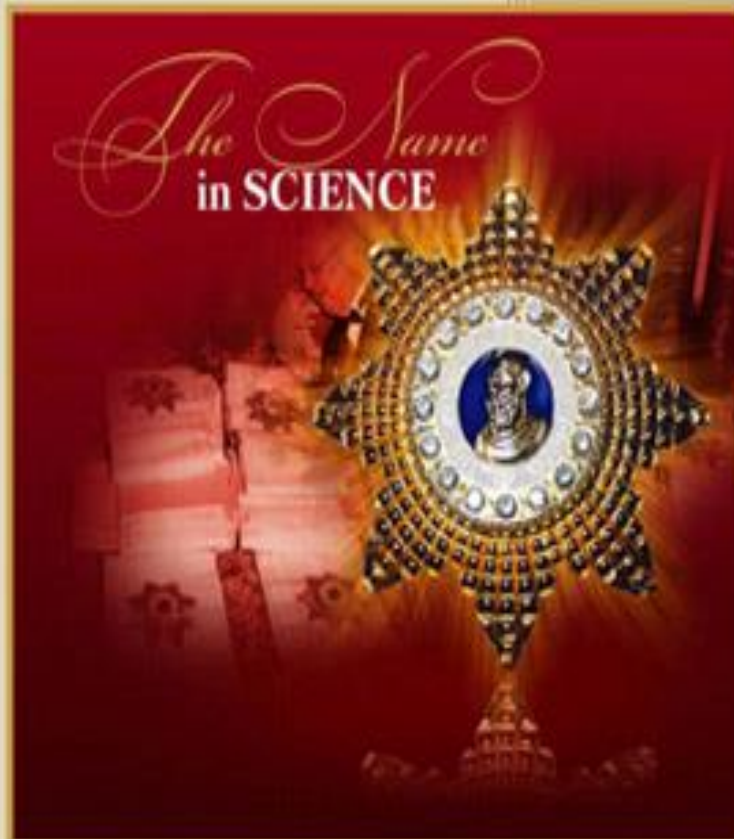


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Commemorative Medal

*for maintaining traditional
values of virtue, bravery and
integrity*



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